

CERTIFICATE OF COMPLETION

WE HEREBY DECLARE AND CERTIFY THAT

Cristina Marie Arcila

has been attuned to Reiki Master Level and successfully completed the requirements to achieve 32 credit hours for Reiki Master Level training and is granted certification as a

Usui Reiki Master

25 March 2024



Natural
healer™



Instructor: Melissa Crowhurst | Issued by: Natural Healer™
Box 333, Greensborough VIC 3088 Australia | naturalhealer.com.au

Reiki Lineage: Mikao Usui, Chujiro Hayashi, Hawayo Takata, Phyllis Furumoto, Claudia Hoffman, Mary Shaw, Christine Henderson, Bruce Way, Ariane McMinn, Mona Khalaf, Dharmadevi, Melissa Crowhurst

CERTIFICATE OF COMPLETION

WE HEREBY DECLARE AND CERTIFY THAT

Cristina Marie Arcila

has been attuned to Reiki Level 2 and successfully completed the requirements to achieve 12 credit hours for Reiki Level 2 training and is granted certification as a

Usui Reiki Level 2 Practitioner



25 March 2024

A handwritten signature in black ink, appearing to be "Melissa Crowhurst".



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CERTIFICATE OF COMPLETION

WE HEREBY DECLARE AND CERTIFY THAT

Cristina Marie Arcila

has been attuned to Reiki Level 1 and successfully completed the requirements to achieve 12 credit hours for Reiki Level 1 training and is granted certification as a

Usui Reiki Level 1 Practitioner



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A handwritten signature in black ink, appearing to read "Melissa Crowhurst".



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Natural Healer accreditation

The Natural Healer™ Usui Reiki Level 1, Level 2, and Master Certifications are accredited by the following:



- The International Natural Healers Association (INHA) <https://www.internationalhealers.com/>
- The American Association of Drugless Practitioners (AADP) <https://aadp.net/>
- The International Association of Therapists (IAOTH) <https://www.iaoth.com/>
- The Complementary Therapists Accredited Association (CTAA) <https://www.ctaamembers.com/>
- The Natural Healer Society (NHS) <http://naturalhealersociety.com.au/>
- The Massage Association of Australia (MAA) <https://www.maa.org.au/>

Material covered & competencies acquired (*Energy Healing Through Reiki: L1, L2 + Master course*)

Reiki Level 1: What is Reiki?; The 5 Reiki Principles; The 3 Pillars of Reiki, Attunements versus healings; How to feel Reiki; Visualization; Determining your Power Hand; Letting go; Intentions; Protection (Disconnect); Restoring your own energy; Spiritual Detox (Energy Cleansing).

Reiki Level 2 + Reiki Master Level: The 5 Reiki Symbols; Activating the Symbols; purpose and understanding of Cho Ku Rei (Power Symbol), Reverse Cho Ku Rei, Sei Hei Ki (Emotional Symbol), Hon Sha Ze Sho Nen (Distance Symbol), Dai Ko Myo (Usui Master Symbol), Raku (Grounding Symbol); Symbol use; Introduction to Chakras; Chakra chart and diagram; Where to place your hands; Hands Off method; Hands On Method; Scanning; Healing Attunements (Sessions); Perform a General Healing Attunement; Perform a Specific Healing Attunement; The Traditional Reiki Hand Positions (Healing Others); Perform a Self-Healing Attunement; Traditional Reiki Hand Position Session (Self-Healing).

Reiki Master Level continued: Perform a General Distance Healing Attunement; Perform a Specific Distance Healing; Working with animals, objects, and situations; Perform a General Animal (Pet) Healing Attunement; large groups or natural disasters; Introduction to Crystal Healing; Using crystals with Reiki, Synchronicities, Spirit Guides & Angels; Developing your intuition; Tips on starting your Reiki business; Setting up your healing room; Getting your Reiki practice insured & first aid; Issues, Issues & Legalities and Laws & Regulations; Being accepted by others.

Practice & assessment

Required practice: Multiple practice sessions are mandatory for the Hand Energy Exercise; Determining your Power Hand; Visualization; Preparation steps (letting go, intentions, protection, restoring); 3 x Drawing and activating of each symbol: Cho Ku Rei (including 1 x reverse CKR), Sei Hei Ki, Hon Sha Ze Sho Nen, Dai Ko Myo, Raku; Chakras; Hands on/hands off self-scanning; Hands on/hands off scanning on another; 30 x Self-healing sessions; 5 x Full general healing sessions; 5 x Full specific healing sessions; 3 x Traditional Reiki hand position self-healing; 5 x Traditional Reiki hand positions sessions on another; 5 x Full general distance healing sessions; 5 x Full specific distance healing sessions.

Assessment: via nine (9) online quizzes conducted throughout the course with one (1) online final exam at completion and one (1) case study. Total course lecture completion, quiz+final 100% passing grade, attunement ceremony completion, and a digitally signed student declaration is required for graduation.

Legal/Copyright notice: This certification does not allow the graduate to medically treat/diagnose illness nor prescribe medication; nor commercially use or re-sell any scripts, meditations, audios, or course material; nor teach the course material as their own. All material remains copyright of Natural Healer (Infinite Gratitude P/L) Full copyright/disclaimers: <https://www.dropbox.com/s/ucee2u4v4da8ure/Copyright%20%26%20Disclaimers.pdf?dl=0>